

Daycare and Nanny Essentials Checklist

Daycare Must-Haves Checklist

Safety and Health:

- Daycare is licensed
- Abides by safety standards
- Requires up-to-date immunizations
- Has a clean diaper changing area
- Serves healthy, quality food (if food is provided)

Well-Being:

- Offers stimulating games and toys:
- Separates by age group:
- Allows unplanned visits:
- Outdoor play area:
- Staff seems genuinely interested:
- Children are happy and playing:

Financial:

- Daycare offers transparent pricing
- The cost is at or close to 10% of your income
- Monthly costs stay consistent

Daycare Prep List

Before your child's first day:

- Visit the daycare with your little one
- Give your child some alone time
- Regularly talk about daycare to get your child excited
- Have your child pick a comfort item to bring

The night before the first day:

- Pack multiple sets of clothing
- Pack their chosen comfort item
- Label EVERYTHING
- Check that you labeled everything
- Set your alarm for an earlier time

Nanny Must-Have Checklist

Well-Being:

- CPR certification
- At least one year of caregiving experience
- Plays well with your child during interview
- Has friendly and patient personality
- Gets along well with you

Red Flags:

- Poor/Rude demeanor
- Obviously disheveled
- Doesn't connect with your child
- Your child doesn't connect with them
- Refuses to give references
- Late for interview
- Isn't okay with a background check